

**Monthly report of IMA Kazhakuttam for the month of
October 2024**

Dear Sir

Warm Greetings from IMA Kazhakuttam.

Herewith forwarding the monthly report of IMA
Kazhakuttam for October 2024 for your kind perusal

In a nutshell

List of activities

18th October

- Annual GB Meeting and Installation of new office bearers at Hotel Residency Towers, Statue ,Trivandrum**

20th October

- Dr.Sudarshan, Senior IMA leader took charge as the President of Indian Society of Anaesthesiologists,Kerala Chapter during the State Conference at IMA House Kochi.**

21st October

- Dr. Kavitha Ravi,team leader of IMA Kerala Medical Journal and Dr.Rajamohanan,our Senior member as Editorial Board Member released the 4th issue KMJ**

23rd October

- Dr.Affin gave an introduction on IMA ,IMA JDN and MSN to the new batch 2024 MBBS students**
- Dr Rohith,our member gave a talk on "Management of severe community acquired pneumonia " in Trivandrum Pulmonary Association(TAPCCM) monthly GB**

- Dr Vineetha Nair, IMA Kazhakuttam President was honoured in Trivandrum Pulmonary Association (TAPCCM)

24th October

- Dr.Shyamlal wrote an article in Malayala Manorama Newspaer on Wake up Stroke in association with World Stroke Day on October 29
- Inauguration of KGMCTA State conference by KGMCTA State President and IMA Kazhakuttam member Dr Rosenera

27th October

- Dr.Vineetha Nair,President IMA Kazhakuttam,Dr.Shibu R IPP,IMA Kazhakuttam,Dr.Binoy ,Dr.Kavitha Ravi,Senior leaders of IMA Kazhakuttam attended SWC at Aluva

28th October

- IMA Kazhakuttam CGP conducted a CME on Commonly missed fractures for general practitioners on Zoom platform by Dr Shyam Roy A S, Associate Professor, Department of Orthopedics,GMC,Tvpm.

29th October

- 'Chithrashalabham 'project- Awareness Class on 'Digital eye strain' to the students of class V of The School of The Good Shepherd by Dr Greeshma M G ,Assistant Professor of Ophthalmology,RIO

Breast Cancer Awareness Month Programmes of IMA Kazhakuttam

30th October

- WIMA Wing conducted a session on 'Breast cancer awareness' for the lady health workers, ASHA workers of PHC, Pangappa & Students of Kattela pharmacy college by Dr. Sherry. S. Abraham, Consultant Medical Oncologist, Ananthapuri Hospital & Research Institute, Trivandrum.
- Free Mammogram for all WIMA Kazhakuttam members
- Online CME meeting for our members on Zoom platform by IMA AMS Kazhakoottam on the Topic 'Breast Cancer-Learn, Connect and Act ,What a doctor should know ?'

IMA State Award Winners

- Dr.Kavitha Ravi,Senior IMA leader was selected for the IMA Icon Award by IMA KSB
- Dr.Affin was selected for the IMA Young Leader Award
- Dr.Shyamlal and Dr.Shibu were selected for President's Appreciation Award

Detailed list of activities

- **Annual GB Meeting and Installation of new office bearers**

Annual GB Meeting and Installation of new office bearers was conducted on 18th October at Hotel Residency Towers, Statue ,Trivandrum from 7 30 pm onwards

Meeting started with IMA Prayer and Flag salutation.

Dr.Shibu ,Outgoing President delivered the Presidential Address and welcomed all the guests and our members to the gathering. He offered obituary to our Senior leader Dr.Haneefa Sir.He requested everyone to offer silent prayer in his memory He then invited

Dr.Kalpana,outgoing secretary to present the activity report.Dr. Kalpana Gopan presented in brief the activities undertaken by the branch in 2023 – 24.Dr.

Anupama ,outgoing treasurer presented the Accounts for the year.Dr. Asha Nazimudeen presented the exhaustive report of WIMA 2023-24.

Dr.Shibu then invited Dr. RV Asokan (IMA National President) for the inauguration.He inaugurated the event by lighting the lamp and addressed the gathering. He then installed the incoming President Dr. Vineetha Nair.Dr. Vineetha Nair offered the Acceptance Speech after being sworn as the President of IMA Kazhakuttam. She presented her Vision for the year 2024-25 which she named IMA Trail Blazers -11 .She emphasised that her vision was Empowering Every Member .She then introduced her Team.

Dr. Joseph Benaven, the State President,IMA KSB was the Chief Guest addressed the meeting and gave an inspiring speech.He congratulated the outgoing team for their commendable work. He appreciated WIMA Kazhakuttam

for their great efforts and wished good luck to both the team of office bearers. He encouraged the incoming team to strive hard and work for the S S Rao Award in the upcoming year. He also adorned IMA KSB's Fraternal fellowship stoll to the outgoing office bearers of IMA and WIMA Kazhakuttam.

Padmashree Dr. A Marthanda Pillai (Past National President) IMA gave the Keynote Address during which he flagged the issues and challenges faced by the profession. He also congratulated the outgoing team and wished goodluck to the incoming team

Felicitations were offered by other guests like Dr. Sulphi Noohu (IPP IMA KSB), Dr. Alex Franklin (IMA National Vice President Elect), Dr. Sreevilasan (State President, IMA KSB), Dr. Biju Nelson (South Zone Joint Secretary IMA KSB), Dr. Syamlal (Trivandrum DC Chairman). Dr. Shyamlal presented a bill board prepared by IMA KSB for the prevention of Hospital Violence to Dr. Vineetha Nair. Dr. Vineetha then invited senior leaders of Kazhakuttam IMA to adorn ponnadas to all our guests.

Dr. Vineetha then invited founder president IMA Kazhakuttam Dr. Rajendran and other state and national IMA leaders and representatives from various branches who were in the audience to offer their felicitations. She

also thanked them for joining us in the Ceremony. Dr. Mohanan Nair, Dr. Shyam D Gopal, Dr. Padma Prasad, Dr. Sreejith, Dr. Indira Amma, Dr. Ram Krishna Babu and Dr. Saju offered felicitations and congratulated the new team. The meeting was attended by 80 participants. The meeting concluded with Vote of thanks presented by Dr. Asha Nazimudeen, Incoming Secretary



IMA KAZHAKOOTTAM

ANNUAL GENERAL BODY MEETING & INSTALLATION OF OFFICE BEARERS 2024-25

INSTALLATION OFFICER



DR ASOKAN R V
IMA NATIONAL PRESIDENT

CHIEF GUEST



DR JOSEPH BENAVENT
PRESIDENT IMA KSB

GUESTS OF HONOUR



DR MARTHANDA PILLAI A
PAST NATIONAL PRESIDENT



DR ALEX FRANKLIN S
NATIONAL VICE PRESIDENT ELECT



DR SULPHI N
IMM. PAST PRESIDENT IMA KSB



DR SREEVILASAN K A
PRESIDENT ELECT IMA KSB



DR VINEETHA NAIR
PRESIDENT ELECT



DR ASHA NAZIMUDEEN
SECRETARY ELECT



DR RAFEEDA K M
TREASURER ELECT

18/10/2024 FRIDAY @ 7.30 PM

HOTEL RESIDENCY TOWER, STATUE

ALL ARE CORDIALLY INVITED



DR SHIBU R
PRESIDENT



DR KALPANA GOPAN
SECRETARY



DR ANUPAMA B S
TREASURER









Our Installation News in various Newspapers and Social media

വാർഷിക പൊതുയോഗം

കെ.എസ്.ടി.എസ്

ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ (ഐഎഎസ്) കെക്കട്ടു, വാർഷിക പൊതുയോഗം ഐഎഎസ് അഡ്മിനിസ്ട്രേഷൻ പ്രസിഡന്റ് ഡോ. ആർ. വി. അഡ്രോക്കൻ ഇൻഡാസ്റ്റ്രിയൽ പ്രസ്റ്റേറ്റു.

ഡോ. ആർ. വി. അഡ്രോക്കൻ തന്റെ പ്രസിഡന്റാണ്. ഡോ. വി. അഡ്രോക്കൻ തന്റെ പ്രസിഡന്റാണ്.

വ്യാതിമിക്കാഡി. ഡോ. മാർത്താ സിഹിളു, ഡോ. സുരേഷ് ടു. പി., ഡോ. അലക്ഷ്മി പ്രാക്ത്യിൻ, ഡോ. മുരീദിലംസൻ തുടങ്ങിയ വർഷാസാരിക്കു, ഓരോപ്പാർക്ക് കൾ : ഡോ. വിനീത നായർ (പ്രസിഡന്റ്), ഡോ. ആഷ നാസീരുഡി (സെക്രട്ടറി),

ഡോ. കെ. എ. രഫീദ (താഴെ പറയുന്നവർ മുമ്പ് റാഫീദ്)

New office-bearers of IMA Kazhakoottam



T'Puram: Indian Medical Association's Kazhakoottam branch has elected its new office-bearers. All the key posts went to women. Dr Vineetha Nair and Dr Asha Nazimudeen are the new

electred president and secretary, respectively. Dr Rafeeda K M is the treasurer. IMA national president Dr R V Ashokan inaugurated the annual general body meeting. Dr Joseph Benaven, president of the IMA Kerala chapter, was the chief



ഹെ.എ.എ.എ കാഴക്കുടം യൂണിറ്റിന് പുതിയ
ഭാരവാഹികൾ

See translation



onlinevartha24x7.com

ഹെ.എ.എ.എ കാഴക്കുടം യൂണിറ്റിന്
പുതിയ ഭാരവാഹികൾ - onlineva...

WhatsApp

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20th October

- Dr.Sudarshan,Senior IMA leader took charge as the President of Indian Society of Anaesthesiologists,Kerala Chapter during the State Conference at IMA House Kochi.



21st October



IMA Kerala Medical Journal
Official Journal of the Indian Medical Association,
Kerala State Branch

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IMA Kerala Medical Journal, Indian Medical Association
Headquarters, Anayara, Thiruvananthapuram,
Kerala, India.
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E-mail: editorimakmj@gmail.com

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Focus and Scope of IMA KMJ

IMA Kerala Medical Journal is the academic journal published by Indian Medical Association Kerala State Branch. The journal is published online and in print form and has 4 issues per year. Articles are selected in original research in clinical medicine, public health and clinical epidemiology and undergo a strict process of peer review before confirmation. Authors are to pay publishing charges on acceptance. The journal access is fully open online.

The following are the guiding principles of IMA KMJ

- To promote and publish original research in all areas of modern medicine
- To create active discussions and initiate debates on topics of importance in health policy and health decision making
- To propagate safe, evidence based and ethical practice of modern medicine popularising guidelines for management.

Editorial Team of IMA Kerala Medical Journal

CHIEF EDITOR

Dr. Kavitha Ravi
Professor, Department of Pathology
Government Medical College
Thiruvananthapuram

SECRETARY CUM TREASURER

Dr. Prakash V
Consultant Orthopedic Surgeon
St. James Hospital
Chalakudy
Thrissur

EDITORIAL BOARD MEMBERS

Dr. Chandni. R
Professor and Head,
Department of Emergency medicine
Government Medical college, Kozhikode

Dr. Padma Kumar. B
Professor and Head,
Department of General medicine
Government Medical college, Alappuzha

Dr. Rajamohanan. K
Professor, School of Public Health, Thiruvananthapuram,
Kerala University of Health Sciences

Dr. Rema Krishnakumar
Consultant Gastroenterologist
Moulana Hospital
Perinthalmanna

EDITORIAL ADVISORS

Dr. Sreejith N Kumar
Senior Diabetologist, Diabetic Care Centre
Thiruvananthapuram.
Past State President, IMA KSB.

Dr. Rajeev Jayadevan
Consultant Gastroenterologist
Sunrise Hospital, Kakkamad, Kochi.
Chairman, IMA Research Cell.

Dr. Vasudevan S
Professor of Urology
Government Medical College, Kotayam
Past Editor, Kerala Medical Journal

Dr. T. Suresh Kumar
Past State Secretary, IMA KSB

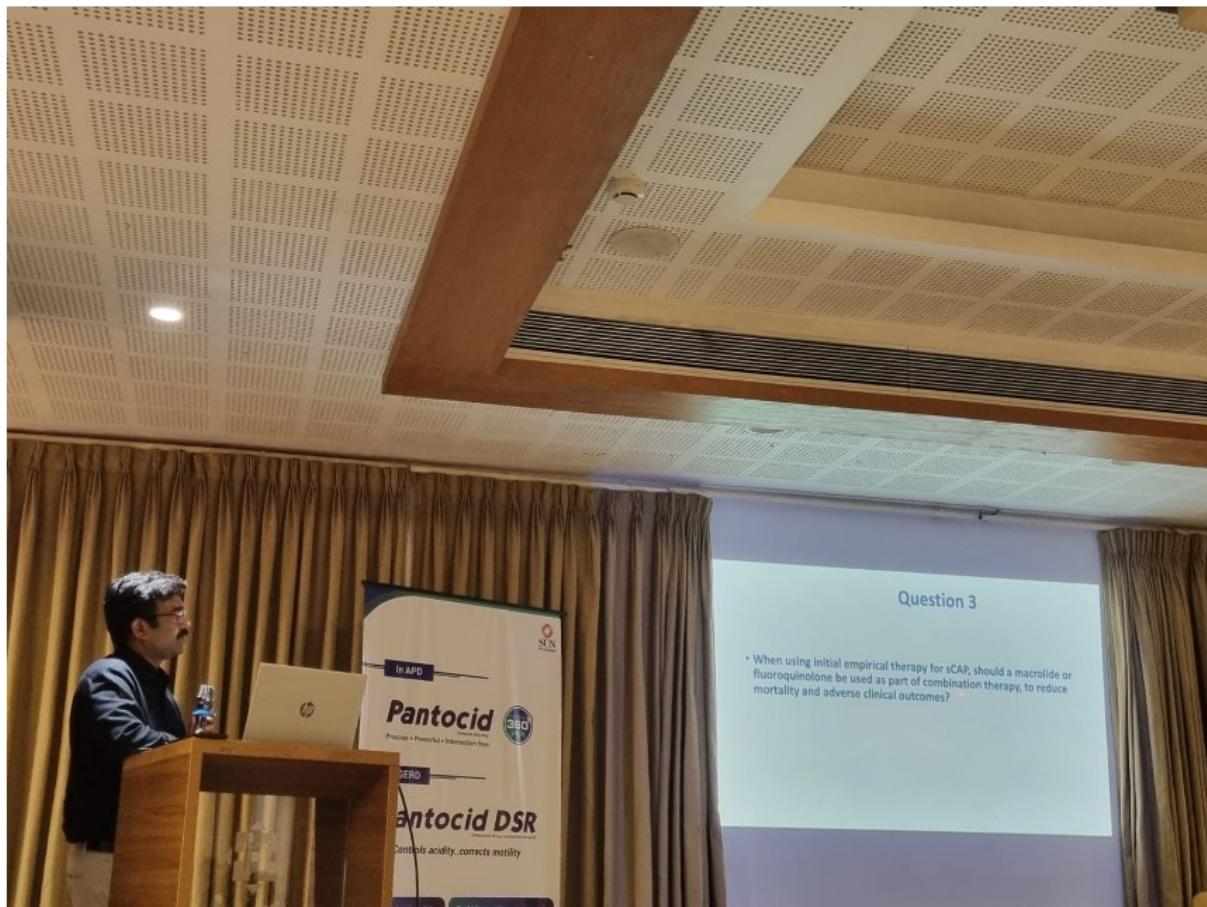
Dr. Kavitha Ravi team leader of IMA Kerala Medical Journal and **Dr. Rajamohanan**, our Senior member as Editorial Board Member released the 4th issue KMJ

23rd October

- IMA Kazhakuttam State Council member and Joint secretary IMA JDN Dr. Affin along with Joint secretary SOUTH ZONE IMA KSB Dr Biju Nelson and Joint secretary Kollam IMA Dr Judy Mary Kurian addressed the new batch 2024 MBBS batch and given an introduction on IMA ,IMA JDN and MSN and motivated them to join IMA MSN.



- Dr Rohith, our member gave a talk on "Management of severe community acquired pneumonia" in Trivandrum Pulmonary Association (TAPCCM) monthly GB



- Dr Vineetha Nair, IMA Kazhakuttam President was honoured in Trivandrum Pulmonary Association (TAPCCM)



24th October

Dr. Shyamlal, DC Chairperson wrote an article in Malayala Manorama Newspaper on Wake up Stroke in association with World Stroke Day on October 29



27th October

- Dr.Vineetha Nair,President IMA Kazhakuttam,Dr.Shibu R IPP,IMA Kazhakuttam,Dr.Binoy ,Dr.Kavitha Ravi,Senior leaders of IMA Kazhakuttam attended SWC on 27/10/2024 at Aluva



- Dr Vineetha Nair IMA Kazhakuttam President also offered Obituary to Haneefa Sir at SWC meeting



- 28th October

IMA Kazhakuttam CGP conducted a CME on Commonly missed fractures for general practitioners on Zoom platform on 28/10/24.

Dr. Biju Mohan ,CGP Assistant Director welcomed the audience.Dr Abeer,CGP Secretary introduced the speaker and the topic.Key note address was given by Dr Vineetha, President, IMA kazhakkootam.

Speaker of the session was Dr Shyam Roy A S, Associate Professor, Department of Orthopedics, Govt. Medical college, Trivandrum. The session was well appreciated and

had good number of audience and also a good interaction among the participants .

A quiz was also conducted at the end of the session.Dr.Biju Mohan announced that the winner of the quiz will be awarded at the next GB. Session ended with a vote of thanks by Dr.Abeer


**COLLEGE OF GENERAL PRACTITIONERS
IMA KAZHAKOOTTAM**

CME ON
**COMMON MISSED FRACTURES IN
GENERAL PRACTICE**



SPEAKER

DR. SHYAM ROY. A. S
ASSOCIATE PROFESSOR
DEPT OF ORTHOPAEDICS.
GOVT MEDICAL COLLEGE .TVPM



DR BIJU MOHAN
CHAIRMAN CGP

ZOOM MEETING
28/10/2024
MONDAY
@ 8.30 PM



DR ABEER ABDUL REZAK
CONVENOR CGP

ALL ARE CORDIALLY INVITED

MEETING ID 819 2682 7631

PASSCODE: 588377



DR VINEETHA NAIR
PRESIDENT



DR ASHA NAZIMUDEEN
SECRETARY



DR RAFEEDA KM
TREASURER

Take home message

1. Interpretation of x-ray
2. Best optimise images
3. Failure to view all films (polytrauma)
4. Failure to view all films (polytrauma)
5. Asymmetry of normal areas
6. Symmetry of normal areas
7. Radiography of untraumatized regions
8. Failure to comprehend
9. Failure to comprehend
10. Delegating part of clinical examination

Johns fracture

**COLLEGE OF GENERAL PRACTITIONERS
IMA KAZHAKOOTTAM**

**CME ON
COMMON MISSED FRACTURES IN
GENERAL PRACTICE**

SPEAKER

DR. SHYAM ROY, A. S
ASSOCIATE PROFESSOR
DEPT OF ORTHOPAEDICS,
GOVT MEDICAL COLLEGE, TVPM

DR BIU MOHAN
CHAIRMAN CGP

ZOOM MEETING
28/10/2024
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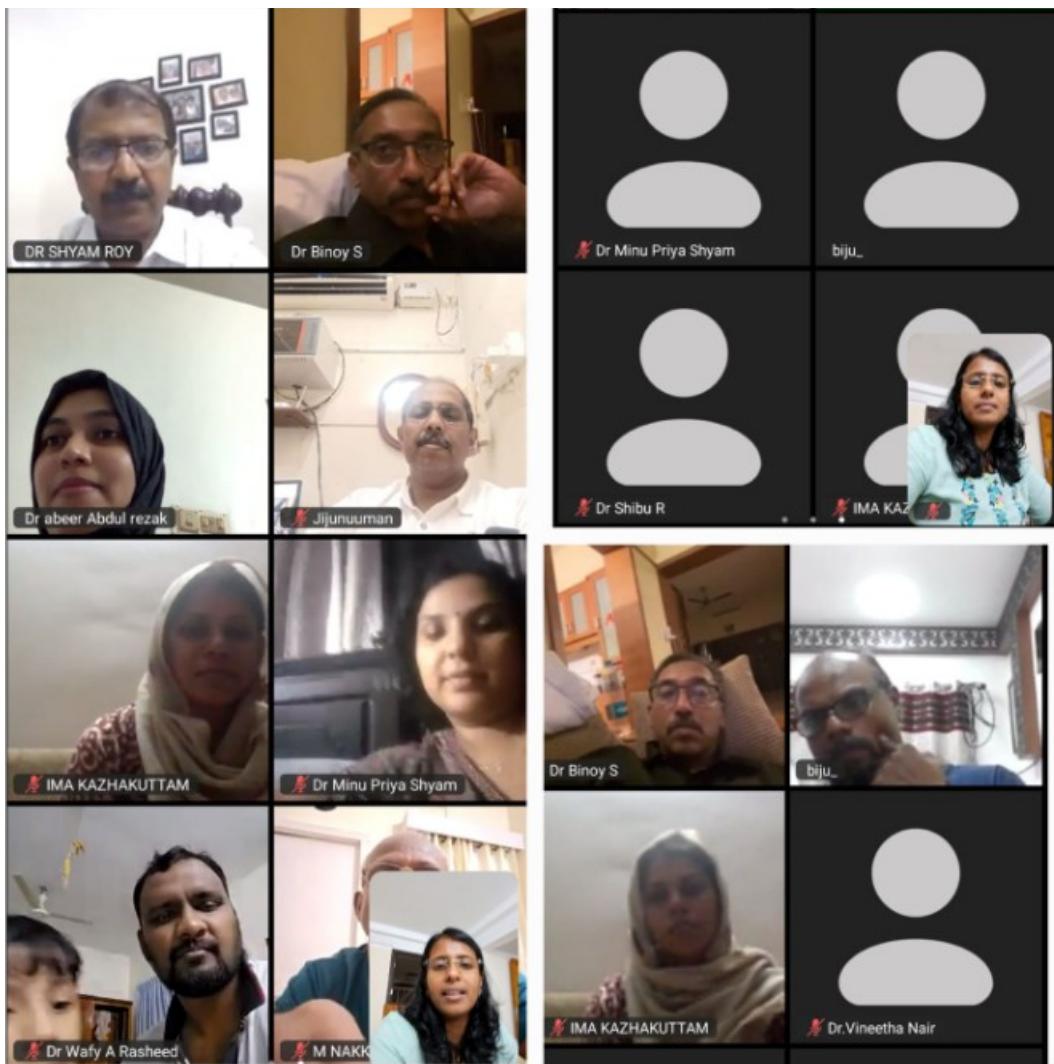
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DR VINEETHA NAIR

DR ASHA NAZIMUDEEN

DR Rafeeda KM

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- 29th October





DIGITAL EYE STRAIN AWARENESS CLASS

Venue :The School of the Good Shepherd,
Akkulam
For Class V Students
On 29.10.2024 Tuesday From 8.30 -9.30 am



Speaker:
Dr Greeshma M G
Assistant Professor,
Regional Institute of Ophthalmology



Breast Cancer Awareness Month Programmes of IMA Kazhakuttam

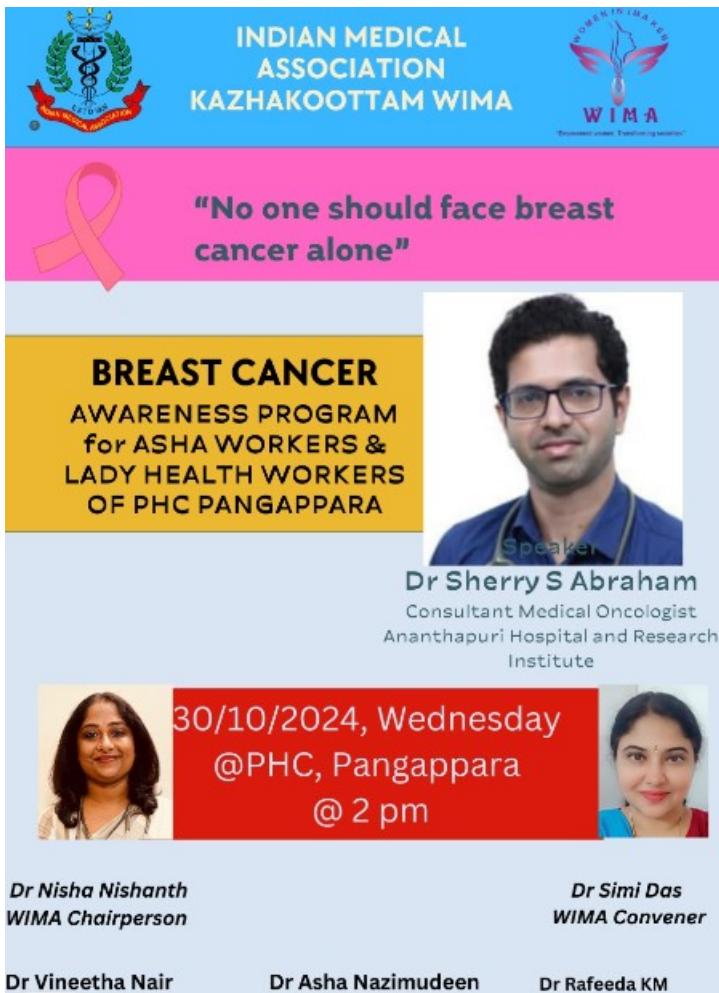
- 30th October
Indian Medical Association Kazhakoottam branch - WIMA Wing conducted a session on 'Breast cancer awareness' for the lady health workers, ASHA workers of PHC, Pangappa & Students of Kattela pharmacy college on October 30 th at 2pm.

Dr Simi Das, Kazhakoottam WIMA Convenor delivered the welcome speech. The Speaker of the session was Dr. Sherry. S. Abraham, Consultant Medical Oncologist, Ananthapuri Hospital & Research Institute, Trivandrum. He delivered a very informative talk on breast cancer and how to do self examination and the need for early detection of breast cancer.

The meeting was graced by the presence of Dr. Althaf, AMO, PHC, Pangappa and Ms Sindhu, HI. The session concludee with vote of thanks by Dr. Nisha Nishanth, Chairperson WIMA, Kazhakoottam.

The session was very interactive with a lot of doubts and open discussion from the staff & pharmacy college students.





INDIAN MEDICAL
ASSOCIATION
KAZHAKOOTTAM WIMA

WIMA
"Women in India
Transforming Society"

**"No one should face breast
cancer alone"**

BREAST CANCER
AWARENESS PROGRAM
for ASHA WORKERS &
LADY HEALTH WORKERS
OF PHC PANGAPPARA


Speaker
Dr Sherry S Abraham
Consultant Medical Oncologist
Ananthapuri Hospital and Research
Institute

 30/10/2024, Wednesday
@PHC, Pangappara
@ 2 pm 

Dr Nisha Nishanth
WIMA Chairperson

Dr Simi Das
WIMA Convener

Dr Vineetha Nair **Dr Asha Nazimudeen** **Dr Rafeeda KM**

- IMA Kazhakottam observed Breast cancer awareness month by providing free Mammogram for all WIMA Kazhakottam members also. Members could walk -in during the above mentioned date and time for their check-up. This was done in association with CRPF Hospital Pallipuram. Dr.Nakeeran Sir,Our Senior member and Hospital In Charge helped us co-ordinate the programme. Many members utilised this opportunity. It was a gratifying experience.



IMA Kazhakoottam

commemorates

Breast Cancer awareness month

FREE MAMMOGRAM TEST

FOR KAZHAKOOTTAM WIMA MEMBERS

@ CRPF HOSPITAL, PALLIPURAM

Walk-in any day of your convenience

from 26/10/24 to 15/11/24

9 am- 1 pm & 4 pm - 6 pm

In case of any difficulty, please contact

Dr Nakeeran Muthusamy 9483542231



DR VINEETHA NAIR
PRESIDENT



DR ASHA NAZIMUDEEN
SECRETARY



DR Rafeeda K M
TREASURER

IMA AMS Kazhakoottam conducted an online CME meeting on Zoom platform on 30/10/24, 7:30 pm on the occasion of Breast Cancer Awareness month.

Dr Priya Sreenivasan, IMA AMS Chairperson welcomed the audience. Dr Vineetha Nair, President, IMA Kazhakoottam and Dr Asha Nazimudeen, Secretary, IMA Kazhakoottam addressed the audience. Dr Priya introduced the chairperson of the talk, Dr Kalavathy MC, Associate Professor from the Division of Community oncology, Regional Cancer Centre.

Speaker of the session was Dr Ajith Prasad, Professor of General Surgery, Government Medical College, Thiruvananthapuram. The session was comprehensive and incorporated all aspects of diagnosis, prevention and screening of Breast Cancer. The session was well appreciated and had a good number of participants with good interaction with speaker and chair. Session concluded with a vote of thanks by Dr. Anand Binu.



IMA Kazhakoottam
ACADEMY OF MEDICAL SPECIALTIES

TOPIC

BREAST CANCER - LEARN, CONNECT & ACT
What a doctor should know?

CHAIRPERSON

Dr Kalavathy MC
Associate Professor,
Division of Community
Oncology,
Regional Cancer
Centre,
Thiruvananthapuram

SPEAKER

Dr Ajith Prasad
Professor,
Dept of General Surgery,
Government Medical
College,
Thiruvananthapuram

Dr Priya Sreenivasan
IMA AMS
Chairperson

Dr Anand Binu
IMA AMS
Convenor

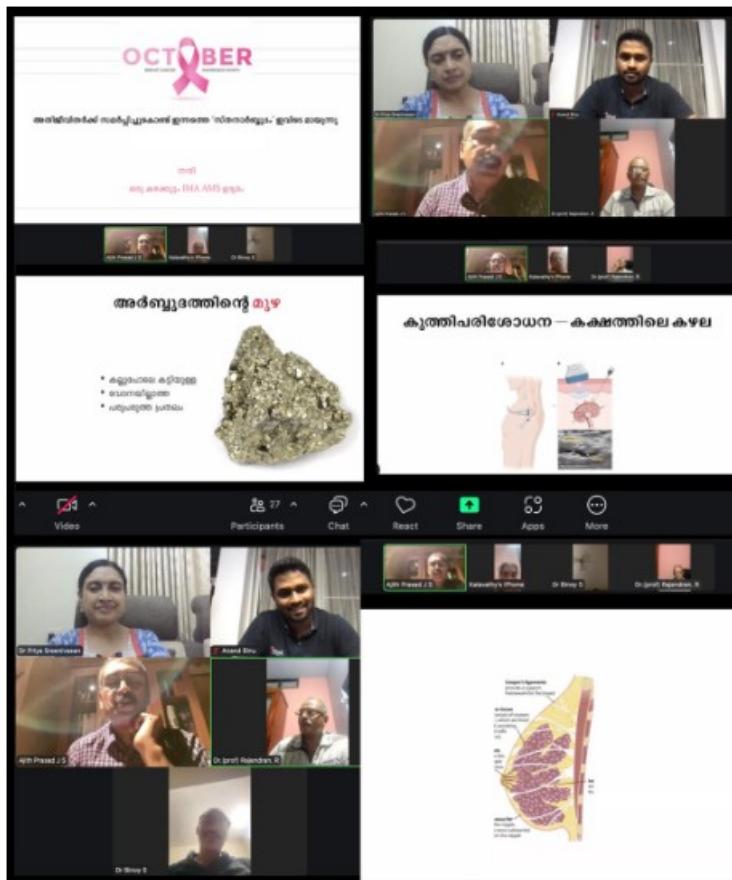
ZOOM MEETING
30th October 2024, 7:30 pm
ID: 830 1942 8162
Password: 253190

ALL ARE CORDIALLY INVITED

Dr VINEETHA NAIR
PRESIDENT

Dr ASHA NAZIMUDEEN
SECRETARY

Dr RAFEEDA KM
TREASURER



IMA State Award Winners

- Dr.Kavitha Ravi,Senior IMA leader was selected for the IMA Icon Award by IMA KSB
- Dr.Affin was selected for the IMA Young Leader Award
- Dr.Shyamlal and Dr.Shibu were selected for President's Appreciation Award

Thank you for your time and attention. We look forward to your support and encouragement. Please contact me if you require any further clarifications or any additional information.

Thanks and regards,

Dr.Asha Nazimudeen,
Secretary , IMA Kazhakuttam 2024-25
Phone 8884224721